

DECEMBER 2025 FREE MEAL CALENDAR - PROJECT OF THE HUNGER RELIEF ACTION COALITION (<http://meals.informationlondon.ca>)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
8:00-10:00 am • YouthActionCentre 9:30-12:30 pm • London Coffee House 11:30-12:30 pm • My Sister's Place 1:30-3:30 pm • ArkAid Mission 4:30-6:00 pm • YouthActionCentre 5:00-6:00 pm • My Sister's Place 5:30-6:30 pm • St. Michael's Mission 5:30-6:30 pm • ArkAid Mission	7:30-9:00 am • Church of the Ascension 8:00-10:00 am • Youth Action Centre 9:30-12:30 pm • London Coffee House 11:30-12:30 pm • My Sister's Place 11:30-12:30 pm • St. John the Evangelist 1:30-3:30 pm • Ark Aid Mission 4:30-6:00 pm • Youth Action Centre 4:30-6:00 pm • My Sister's Place 5:00-6:00 pm • St. John the Divine Church Hall 5:00-6:30 pm • Rowntree Memorial 5:30-6:30 pm • Ark Aid Mission	8:00-10:00 am • Youth Action Centre 9:30-12:30 pm • London Coffee House 11:30-12:30 pm • My Sister's Place 12:00-1:00 pm • Rowntree Memorial 1:30-3:30 pm • Ark Aid Mission 4:30-6:00 pm • Youth Action Centre 5:00-6:00 pm • My Sister's Place • Salvation Army Food Truck at: 5:30-6:00 pm • My Sister's Place 6:00-6:30 pm • Coffee House 6:30-7:00 pm • Watson Park 5:30-6:30 pm • Ark Aid Mission	8:00-10:00 am • YouthActionCentre 9:30-12:30 pm • London Coffee House 11:30-12:30 pm • St. Paul's Social Services 11:30-12:30 pm • My Sister's Place 1:30-3:30 pm • Ark Aid Mission 4:30-6:00 pm • YouthActionCentre 5:00-6:00 pm • My Sister's Place • Ark Aid Mission	8:00-10:00 am • YouthActionCentre 9:30-12:30 pm • London Coffee House 11:30-12:30 pm • St. Paul's Social Services 11:30-12:30 pm • My Sister's Place 1:30-3:30 pm • Ark Aid Mission 4:30-6:00 pm • YouthActionCentre 5:00-6:00 pm • My Sister's Place • Ark Aid Mission	9:00-10:30 am • St. Jude's House 9:30-12:30 pm • London Coffee House 11:00-1:00 pm • My Sister's Place 12:30-1:00 pm • Hyatt Mosque 1:30-3:30 pm • Ark Aid Mission 4:00-5:30 pm • St. John the Evangelist 5:30-6:30 pm • Ark Aid Mission	
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9:30-12:30 pm • London Coffee House 11:00-1:00 pm • My Sister's Place 1:30-3:30 pm • ArkAid Mission 5:30-6:30 pm • ArkAid Mission	8:00-10:00 am • YouthActionCentre 9:30-12:30 pm • London Coffee House 11:30-12:30 pm • My Sister's Place 11:30-12:30 pm • St. John the Evangelist 1:30-3:30 pm • Ark Aid Mission 4:30-6:00 pm • YouthActionCentre 5:00-6:00 pm • My Sister's Place 5:30-6:30 pm • St. John the Divine Church Hall 5:30-6:30 pm • Rowntree Memorial 5:30-6:30 pm • Ark Aid Mission	8:00-10:00 am • Youth Action Centre 9:30-12:30 pm • London Coffee House 11:30-12:30 pm • My Sister's Place 12:00-1:00 pm • Rowntree Memorial 1:30-3:30 pm • Ark Aid Mission 4:30-6:00 pm • Youth Action Centre 5:00-6:00 pm • My Sister's Place • Salvation Army Food Truck at: 5:30-6:00 pm • My Sister's Place 6:00-6:30 pm • Coffee House 6:30-7:00 pm • Watson Park 5:30-6:30 pm • Ark Aid Mission	8:00-10:00 am • YouthActionCentre 9:30-12:30 pm • London Coffee House 11:30-12:30 pm • St. Paul's Social Services 11:30-12:30 pm • My Sister's Place 1:30-3:30 pm • Ark Aid Mission 4:30-6:00 pm • YouthActionCentre 5:00-6:00 pm • My Sister's Place • Ark Aid Mission	8:00-10:00 am • YouthActionCentre 9:30-12:30 pm • London Coffee House 11:30-12:30 pm • St. Paul's Social Services 11:30-12:30 pm • My Sister's Place 1:30-3:30 pm • Ark Aid Mission 4:30-6:00 pm • YouthActionCentre 5:00-6:00 pm • My Sister's Place • Ark Aid Mission	9:30-12:30 pm • London Coffee House 11:00-1:00 pm • My Sister's Place 12:30-1:00 pm • Hyatt Mosque 1:30-3:30 pm • Ark Aid Mission 4:00-5:30 pm • St. John the Evangelist 5:30-6:30 pm • Ark Aid Mission	
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9:30-12:30pm • London Coffee House 11:00-1:00pm • My Sister's Place 1:30-3:30pm • ArkAid Mission 5:30-6:30pm • ArkAid Mission	8:00-10:00 am • YouthActionCentre 9:30-12:30 pm • London Coffee House 11:30-12:30 pm • My Sister's Place 11:30-12:30 pm • St. John the Evangelist 1:30-3:30 pm • Ark Aid Mission 4:30-6:00 pm • YouthActionCentre 5:00-6:00 pm • My Sister's Place 5:30-6:30 pm • St. John the Divine Church Hall 5:30-6:30 pm • Rowntree Memorial 5:30-6:30 pm • Ark Aid Mission	8:00-10:00 am • Youth Action Centre 9:30-12:30 pm • London Coffee House 11:30-12:30 pm • My Sister's Place 12:00-1:00 pm • Rowntree Memorial 1:30-3:30 pm • Ark Aid Mission 4:30-6:00 pm • Youth Action Centre 5:00-6:00 pm • My Sister's Place • Salvation Army Food Truck at: 5:30-6:00 pm • My Sister's Place 6:00-6:30 pm • Coffee House 6:30-7:00 pm • Watson Park 5:30-6:30 pm • Ark Aid Mission	8:00-10:00 am • YouthActionCentre 9:30-12:30 pm • London Coffee House 11:30-12:30 pm • St. Paul's Social Services 11:30-12:30 pm • My Sister's Place 1:30-3:30 pm • Ark Aid Mission 4:30-6:00 pm • YouthActionCentre 5:00-6:00 pm • My Sister's Place • Ark Aid Mission	8:00-10:00 am • YouthActionCentre 9:30-12:30 pm • London Coffee House 11:30-12:30 pm • St. Paul's Social Services 11:30-12:30 pm • My Sister's Place 1:30-3:30 pm • Ark Aid Mission 4:30-6:00 pm • YouthActionCentre 5:00-6:00 pm • My Sister's Place • Ark Aid Mission	9:00-10:30 am • St. Jude's House 9:00-10:30 am • Calvary United 9:30-12:30 pm • London Coffee House 11:00-1:00 pm • My Sister's Place 12:30-1:00 pm • Hyatt Mosque 1:30-3:30 pm • Ark Aid Mission 4:00-5:30 pm • St. John the Evangelist 5:30-6:30 pm • Ark Aid Mission	
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9:30-12:30pm • London Coffee House 11:00-1:00pm • My Sister's Place 1:30-3:30pm • ArkAid Mission 5:30-6:30pm • ArkAid Mission	8:00-10:00 am • YouthActionCentre 9:30-12:30 pm • London Coffee House 11:30-12:30 pm • My Sister's Place 11:30-12:30 pm • St. John the Evangelist 1:30-3:30 pm • Ark Aid Mission 4:30-6:00 pm • YouthActionCentre 5:00-6:00 pm • My Sister's Place 5:30-6:30 pm • St. Michael's Mission 5:30-6:30 pm • Ark Aid Mission	8:00-10:00 am • Youth Action Centre 9:30-12:30 pm • London Coffee House 11:30-12:30 pm • My Sister's Place 12:00-1:00 pm • Ark Aid Mission 1:30-3:30 pm • Youth Action Centre 4:30-6:00 pm • My Sister's Place • Salvation Army Food Truck at: 5:30-6:00 pm • My Sister's Place 6:00-6:30 pm • Coffee House 6:30-7:00 pm • Watson Park 6:00-6:30 pm • Ark Aid Mission	8:00-10:00 am • YouthActionCentre 9:30-12:30 pm • London Coffee House 11:30-12:30 pm • St. Paul's Social Services 11:30-12:30 pm • My Sister's Place 12:30-1:30 pm • St. George's Anglican *** 4:30-6:00 pm • YouthActionCentre 5:00-6:00 pm • My Sister's Place 5:30-6:30 pm • Ark Aid Mission	8:00-10:00 am • YouthActionCentre 9:30-12:00 pm • London Coffee House 11:30-12:30 pm • St. Paul's Social Services 11:30-12:30 pm • My Sister's Place 1:30-3:30 pm • Ark Aid Mission 4:30-6:00 pm • YouthActionCentre 5:00-6:00 pm • My Sister's Place 5:30-6:30 pm • Ark Aid Mission	9:00-10:30 am • St. Francis-St. Martin 9:00-11:00 am • St. Andrew Memorial 9:30-12:00 pm • London Coffee House 11:00-1:00 pm • My Sister's Place 12:30-1:00 pm • Hyatt Mosque 1:30-3:00 pm • Ark Aid Mission 4:00-5:30 pm • St. John the Evangelist 5:30-6:30 pm • Ark Aid Mission	
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9:30-12:30pm • London Coffee House 11:00-1:00pm • My Sister's Place 1:30-3:30pm • ArkAid Mission 5:30-6:30pm • ArkAid Mission	8:00-10:00 am • YouthActionCentre 9:30-12:30 pm • London Coffee House 11:30-12:30 pm • My Sister's Place 11:30-12:30 pm • St. John the Evangelist 1:30-3:30 pm • Ark Aid Mission 4:30-6:00 pm • YouthActionCentre 5:00-6:00 pm • My Sister's Place 5:30-6:30 pm • St. Michael's Mission 5:30-6:30 pm • Ark Aid Mission	8:00-10:00 am • Youth Action Centre 9:30-12:30 pm • London Coffee House 11:30-12:30 pm • My Sister's Place 12:00-1:00 pm • Ark Aid Mission 1:30-3:30 pm • Youth Action Centre 4:30-6:00 pm • My Sister's Place • Salvation Army Food Truck at: 5:30-6:00 pm • My Sister's Place 6:00-6:30 pm • Coffee House 6:30-7:00 pm • Watson Park 5:30-6:30 pm • Ark Aid Mission				

Meals

• Ark Aid Street Mission	Dine-in (Indoor hours for community members: Mon-Fri: 1:00 p.m. to 8:00 pm. and Sat-Sun 9:00 a.m. to 8:00 p.m.)	• St. Francis – St. Martin	Dine-in
• Calvary United	Dine-in	• St. George's Anglican	Dine-in ***For Christmas day only: Please call to register
• Church of the Ascension	1 st Tues: Bagged lunch - 3 rd Tues: Dine-in	• St. John the Divine Church Hall	Dine-in hot meal and hospitality for the last 1/2 hr
• Hyatt Mosque	Curbside pick-up	• St. John the Evangelist	Dine-in / Take-out
• London Coffee House	Light meals & Snacks	• St. Jude's	Dine-in / Take-out
• My Sister's Place	Women 16yrs and older ONLY (Monday-Friday from 5:00 to 6:00 p.m. snacks only, basic needs and harm reduction. Saturday-Sunday – Snacks only)	• St. Michael's	Dine-in
• Rowntree Memorial	Dine-in	• St. Paul's Social Services (a.k.a. Paul's Place)	Dine-in
• Salvation Army Food Truck–Operation Mobilizing Hope	My Sister's Place location: 566 Dundas Street London Coffee House location: 371 Hamilton Road Watson Park location: off Wellington Road	• Youth Action Centre	Youth 16 to 24 years old ONLY
• St. Andrew Memorial	Dine-in	• St. Joseph's Hospitality Centre (St. Joe's Café) (<u>Not in the free meal calendar</u>) (602 Queens Ave)	<ul style="list-style-type: none"> ➢ Monday-Friday: Breakfast: 9:30-11am, Lunch: 12-1:30pm ➢ Saturday complimentary meal: 11:00am-12:45 pm ➢ Daily fee: \$0.50 breakfast, \$1 lunch ➢ Monthly Meal Plan: \$20.00 ➢ ID Required

Meal Programs and Food Bank Locations

Meal Programs and Locations	Food Bank Locations
Ark Aid Street Mission 696 Dundas St	Chalmers Presbyterian Church Care & Share Food Bank Program 342 Pond Mills Rd @ Commissioners Rd. East Wednesdays from 12-1pm***, area residents, once per month. Appointment required. Call Tuesday by 2pm (519) 681-7242 or email office@chalmerslondon.com ***Will be closed on December 31 st , but will resume regular operations on January 7th
Calvary United Church 290 Ridout St South @ Garfield Ave	
Church of the Ascension 2060 Dundas St (between Speight and Carlyle)	Crouch Neighbourhood Resource Centre (Community Food Cupboard) - N5W 0,1,2,3 & 6; N5Y 3; N5Z 1 & 2; N6A 3 & 5; N6B 1 & 2 550 Hamilton Rd; Tuesday-Thursday 9am-5pm & Friday 10am-5pm; food, hygiene and baby items
Dundas Street Centre United Church 482 Dundas St @ Maitland St	ELUCO (Gethsemane Gardens) 1461 Huron St @ Sandford St; Wednesday-Friday 9:30am-12pm. Appointment required (519) 451-0600. Area residents only.
First Baptist Church 568 Richmond St @ Albert St	Families First CAPC Baby Food and Diaper Cupboard (Available for infants and their families) Family Centre Westminster @ 690 Osgoode Dr; Monday-Friday from 9am-4pm, (519) 649-1248.
Good News Church 476 Clarke Rd	Glen Cairn Community Resource Centre (Emergency Food Kits) 244 Adelaide St. South; Monday, Tuesday & Thursday 9:30am-2:30pm & Wednesday 9am-12pm. Must show proper ID (Driver's License, Health card or ODSP/OW paperwork) for all living in the home. Bread provided by Holy Trinity St. Stephen's Memorial Anglican Church. Call (519) 668-2745 or email jwalmesley@gccrc.ca .
Hyatt Mosque - Muslim Soup Kitchen 282 Hamilton Rd @ Little Hill St	
London Coffee House 371 Hamilton Rd	Halal Food Bank Canada *NEW LOCATION
My Sister's Place - Women's Only Program	

Meal Programs and Food Bank Locations

Meal Programs and Locations	Food Bank Locations
566 Dundas St (between William & Adelaide)	1299 Oxford Street East, Unit 80-E (inside the mall, near Food Basics) Open Sunday - Wednesday 11:00 am - 2:00 pm. Once a month visit by appointment only. info@halalfoodbank.ca , (519) 933-9877 Register at: https://forms.gle/hV5A2hFfAiNv1is16
Rowntree Memorial United Church 156 Elliot St @ Cheapside St	
St. Andrew Memorial Church 55 Foxbar Rd @ Wellington Rd	London Food Bank and Mobile Units *ONE VISIT PER MONTH: PLEASE NOTE THAT A VISIT TO ANY OF THE LOCATIONS BELOW IS YOUR FOOD BANK VISIT FOR THE MONTH*
St. Francis – St. Martin Catholic Parish 46 Cathcart St @ Duchess Ave	<ul style="list-style-type: none"> ➤ Crouch Neighbourhood Resource Centre - N6B, N5W, N5Z Egerton Baptist Church @ 209 Egerton St., (519) 642-7630 email info@crouchnrc.org, Fridays 1:30-2:30 pm. No appointment necessary.
St. George's Anglican Church 227 Wharncliffe Rd North @ St. Patrick St	<ul style="list-style-type: none"> ➤ Fiddlers Green Satellite hosted by Northwest LRC - N6H Oakridge Presbyterian Church @ 970 Oxford St. West. Appointment required. (519) 471-8444 Ext. 0, Third Thursday of the month <u>ONLY</u>, 1-3 pm.
St. James Westminster Church 115 Askin St @ Wortley Rd	<ul style="list-style-type: none"> ➤ London and Area Food Bank- All 926 Leathorne St. No appointments required. Monday-Friday 9am-4pm, (519) 659-4045.
St. John the Divine Parish 390 Baseline Rd West	<ul style="list-style-type: none"> ➤ LUSO Community Services - N5V, N5W, N5X & N5Y Appointment required: call/text (519) 520-7638 to register by 12pm the day before or email mikyla@lusocentre.org, Wednesday & Friday 10am-12pm. Locations vary. Please call LUSO.
St. John the Evangelist Anglican Church 280 St. James St @ Wellington St	<ul style="list-style-type: none"> ➤ Northwest London Resource Centre - N6G & N6H 1225 Wonderland Rd North, Unit 27A (at back of Sherwood Forest Mall, close to Goodwill Donation Centre). Appointments preferred. Call Rachael at (519) 471-8444 Ext 0, Monday- Saturday 11am-4pm.
St. Joseph's Hospitality Centre 602 Queens Ave (St Joe's Café)	<ul style="list-style-type: none"> ➤ South London Neighbourhood Resource Centre - Serves postal codes N6C, N6E, N6K, N6P, N6J and N6L 1119 Jalna Blvd (Jalna, south of Bradley inside the Jalna Branch Library) (519) 686-8600; Monday-Friday 10:00 am- 3:00 pm. No appointment necessary.
St. Luke's Anglican Church 1204 Richmond St North @ Bernard Ave	<ul style="list-style-type: none"> ➤ Westminster Satellite hosted by South London - Serves postal codes N6C, N6E, N6N, N5Z 650 Osgoode Drive. Appointment required. Call (519) 280-3328, Second Wednesday of the month <u>ONLY</u>, from 1:30 - 3:00pm.
St. Michael's Catholic Parish* 511 Cheapside St @ Maitland St	<ul style="list-style-type: none"> ➤ Southcrest Satellite hosted by South London – Serves postal code N6J Mount Zion United Church @ 471 Ridgewood Cres. Appointment required. Call (519) 280-3328. First Wednesday of the month <u>ONLY</u>, from 1:30- 3:00 pm.
St. Paul's Anglican Cathedral (St. Paul's Social Services, a.k.a. Paul's Place) 472 Richmond St @ Queens Ave	<ul style="list-style-type: none"> ➤ St. George's Anglican Church - N6A, N6C, N6H, N6J
The Church of St. Jude 1537 Adelaide St North @ Fanshawe Park Rd E	
The Salvation Army Westminster Park Community Church 1190 Southdale Road East @ Millbank Dr	

Meal Programs and Food Bank Locations

Meal Programs and Locations	Food Bank Locations
<p>Youth Action Centre - Youth 16 to 24 Years Old Only Program 332 Richmond St @ York St</p>	<p>227 Wharncliffe Rd, appointments preferred, call (519) 438-2994 3rd Friday of the month <u>ONLY</u> 11:30am-1:30 pm.</p> <p>LUSO Community Service's Emergency Food Cupboard - N5Y, N5V, N5X & N5W 1100 Victoria Dr, Tuesday/Thursday 8:30-12pm & Wednesday 1:30pm. Clients can drop-in once a month and must bring IDs for every household member and proof of income.</p> <p>St. Paul's Social Services (a.k.a. Paul's Place) Food Bank and Fellowship Centre 472 Richmond St. Food bank: Monday to Friday 9-11:30 am, except holidays.</p> <p>Society of St Vincent de Paul - Food Vouchers Contact any Catholic Church to arrange a home visit to discuss your needs. A food voucher may be issued.</p> <p>Springbank Catholic Family of Parishes St. John the Divine Parish: @ 390 Baseline Road West. Hot meal, dine-in every Tuesday 5:00 - 6:30pm</p> <p>Western University Community Centre – Food Support Services Western University students and staff only; hygiene products, diapers, non-perishable food. Confidential through: https://westernusc.ca/services/food-support-services, or email foodsupport@westernusc.ca.</p> <p>Western University - PSAC Local 610 Food Bank For unit 1 and 2 members of PSAC Local 610 <u>ONLY</u>. Grocery store vouchers. Apply at www.psac610.ca/benefits-1.</p>
<p>Supporting Organizations Coordinating Meal Programs:</p> <p>St. Aidan's Anglican/Riverside, Kirkton, Woodham, Thames Road-Elmvile United, Colbourne Street United Church, St. Michael's Roman Catholic Church, Grace Anglican Church (Ilderton), St. George's Church (Middlesex Centre), Siloam United, Valleyview Mennonite.</p> <p>*The meals provided at St. Michael's Catholic are a collaborative activity of Northern Hospitality which includes Colborne United, New St. James Presbyterian and St. Michael's Catholic.</p>	