

**JANUARY 2026 FREE MEAL CALENDAR - PROJECT OF THE HUNGER RELIEF ACTION COALITION (<http://meals.informationlondon.ca>)**

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## Meals

• <b>Ark Aid Street Mission</b>	Dine-in (Indoor hours for community members: Mon-Fri: 1:00 p.m. to 8:00 pm. and Sat-Sun 9:00 a.m. to 8:00 p.m.)	• <b>St. Francis – St. Martin</b>	Dine-in
• <b>Calvary United</b>	Dine-in	• <b>St. George's Anglican</b>	Dine-in
• <b>Church of the Ascension</b>	1 <sup>st</sup> Tuesday: Bagged lunch - 3 <sup>rd</sup> Tuesday: Dine-in	• <b>St. John the Divine Church Hall</b>	Dine-in hot meal and hospitality for the last ½ hour
• <b>Hyatt Mosque</b>	Curbside pick-up	• <b>St. John the Evangelist</b>	Dine-in / Take-out
• <b>London Coffee House</b>	Light meals & snacks	• <b>St. Jude's (The Church of St. Jude)</b>	Dine-in / Take-out
• <b>My Sister's Place</b>	Women 16 years old and older <b>ONLY</b> (Monday-Friday from 5:00 to 6:00 p.m. snacks only, basic needs and harm reduction. Saturday-Sunday – Snacks only)	• <b>St. Michael's</b>	Dine-in
• <b>Rowntree Memorial</b>	Dine-in	• <b>St. Paul's Social Services (a.k.a. Paul's Place)</b>	Dine-in
• <b>Salvation Army Food Truck – Operation Mobilizing Hope</b>	My Sister's Place location: 566 Dundas Street London Coffee House location: 371 Hamilton Road Watson Park location: off Wellington Road	• <b>Youth Action Centre</b>	Youth 16 to 24 years old <b>ONLY</b>
• <b>St. Andrew Memorial</b>	Dine-in	• <b>St. Joseph's Hospitality Centre St. Joe's Café (Not in the free meal calendar)</b> (602 Queens Ave)	<ul style="list-style-type: none"> <li>➢ Monday-Friday: Breakfast: 9:30 - 11am, Lunch: 12-1:30pm</li> <li>➢ Saturday complimentary meal: 11:00am -12:45 pm</li> <li>➢ <b>Daily fee:</b> \$0.50 breakfast, \$1 lunch</li> <li>➢ <b>Monthly Meal Plan:</b> \$20.00</li> <li>➢ ID Required</li> </ul>

## Meal Programs and Food Bank Locations

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<b>Ark Aid Street Mission</b> 696 Dundas St  <b>Calvary United Church</b> 290 Ridout St South @ Garfield Ave  <b>Church of the Ascension</b> 2060 Dundas St (between Speight and Carlyle)  <b>Dundas Street Centre United Church</b> 482 Dundas St @ Maitland St  <b>First Baptist Church</b> 568 Richmond St @ Albert St  <b>Good News Church</b> 476 Clarke Rd  <b>Hyatt Mosque - Muslim Soup Kitchen</b> 282 Hamilton Rd @ Little Hill St  <b>London Coffee House</b> 371 Hamilton Rd	<b>Chalmers Presbyterian Church Care &amp; Share Food Bank Program</b> 342 Pond Mills Rd @ Commissioners Rd. East Wednesdays from 12-1pm***, area residents, once per month. Appointment required. Call Tuesday by 2pm (519) 681-7242 or email <a href="mailto:office@chalmerslondon.com">office@chalmerslondon.com</a> ***Will be closed on December 31 <sup>st</sup> and <u>will resume regular operations on January 7<sup>th</sup></u>  <b>Crouch Neighbourhood Resource Centre (Community Food Cupboard) - N5W 0,1,2,3 &amp; 6; N5Y 3; N5Z 1 &amp; 2; N6A 3 &amp; 5; N6B 1 &amp; 2</b> 550 Hamilton Rd; Tuesday-Thursday 9am-5pm & Friday 10am-5pm; food, hygiene and baby items  <b>ELUCO (Gethsemane Gardens)</b> 1461 Huron St @ Sandford St; Wednesday-Friday 9:30am-12pm. Appointment required (519) 451-0600. Area residents only.  <b>Families First CAPC Baby Food and Diaper Cupboard (Available for infants and their families)</b> Family Centre Westminster @ 690 Osgoode Dr; Monday-Friday from 9am-4pm, (519) 649-1248.  <b>Glen Cairn Community Resource Centre (Emergency Food Kits)</b> 244 Adelaide St. South; Monday, Tuesday & Thursday 9:30am-2:30pm & Wednesday 9am-12pm. Must show proper ID (Driver's License, Health card or ODSP/OW paperwork) for all living in the home. Bread provided by Holy Trinity St. Stephen's Memorial Anglican Church. Call (519) 668-2745 or email <a href="mailto:jwalmsley@gccrc.ca">jwalmsley@gccrc.ca</a> .  <b>Halal Food Bank Canada</b>

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<p><b>My Sister's Place - Women's Only Program</b> 566 Dundas St (between William &amp; Adelaide)</p> <p><b>Rowntree Memorial United Church</b> 156 Elliot St @ Cheapside St</p> <p><b>Springbank Catholic Family of Parishes</b> <b>St. John the Divine Parish</b> @ 390 Baseline Rd West</p> <p><b>St. Andrew Memorial Church</b> 55 Foxbar Rd @ Wellington Rd</p> <p><b>St. Francis – St. Martin Catholic Parish</b> 46 Cathcart St @ Duchess Ave</p> <p><b>St. George's Anglican Church</b> 227 Wharncliffe Rd North @ St. Patrick St</p> <p><b>St. James Westminster Church</b> 115 Askin St @ Wortley Rd</p> <p><b>St. John the Evangelist Anglican Church</b> 280 St. James St @ Wellington St</p> <p><b>St. Joseph's Hospitality Centre</b> 602 Queens Ave (St Joe's Café)</p> <p><b>St. Jude's (The Church of St. Jude)</b> 1537 Adelaide St North @ Fanshawe Park Rd E</p> <p><b>St. Luke's Anglican Church</b> 1204 Richmond St North @ Bernard Ave</p> <p><b>St. Michael's Catholic Parish*</b> 511 Cheapside St @ Maitland St</p> <p><b>St. Paul's Anglican Cathedral (St. Paul's Social Services, a.k.a. Paul's Place)</b> 472 Richmond St @ Queens Ave</p> <p><b>The Salvation Army</b> Westminster Park Community Church 1190 Southdale Road East @ Millbank Dr</p>	<p>*NEW LOCATION 1299 Oxford Street East, Unit 80-E (inside the mall, near Food Basics) Open Sunday - Wednesday 11:00 am - 2:00 pm. Once a month visit by appointment only. <a href="mailto:info@halalfoodbank.ca">info@halalfoodbank.ca</a>, (519) 933-9877 Register at: <a href="https://forms.gle/hV5A2hFfAiNv1is16">https://forms.gle/hV5A2hFfAiNv1is16</a></p> <p><b>London Food Bank and Mobile Units</b> *ONE VISIT PER MONTH: PLEASE NOTE THAT A VISIT TO ANY OF THE LOCATIONS BELOW IS YOUR FOOD BANK VISIT FOR THE MONTH*</p> <ul style="list-style-type: none"> <li>➤ <b>Crouch Neighbourhood Resource Centre - N6B, N5W, N5Z</b> Egerton Baptist Church @ 209 Egerton St., (519) 642-7630 email <a href="mailto:info@crouchnrc.org">info@crouchnrc.org</a>, Fridays 1:30-2:30 pm. No appointment necessary.</li> <li>➤ <b>Fiddlers Green Satellite hosted by Northwest LRC - N6H</b> Oakridge Presbyterian Church @ 970 Oxford St. West. Appointment required. (519) 471-8444 Ext. 0, Third Thursday of the month <u>ONLY</u>, 1-3 pm.</li> <li>➤ <b>London and Area Food Bank- All</b> 926 Leathorne St. No appointments required. Monday-Friday 9am-4pm, (519) 659-4045.</li> <li>➤ <b>LUSO Community Services - N5V, N5W, N5X &amp; N5Y</b> Appointment required: call/text (519) 520-7638 to register by 12pm the day before or email <a href="mailto:mikyla@lusocentre.org">mikyla@lusocentre.org</a>, Wednesday &amp; Friday 10am-12pm. Locations vary. Please call LUSO.</li> <li>➤ <b>Northwest London Resource Centre - N6G &amp; N6H</b> 1225 Wonderland Rd North, Unit 27A (at back of Sherwood Forest Mall, close to Goodwill Donation Centre). Appointments preferred. Call Rachael at (519) 471-8444 Ext 0, Monday- Saturday 11am-4pm.</li> <li>➤ <b>South London Neighbourhood Resource Centre - Serves postal codes N6C, N6E, N6K, N6P, N6J and N6L</b> 1119 Jalna Blvd (Jalna, south of Bradley inside the Jalna Branch Library) (519) 686-8600; Monday-Friday 10:00 am- 3:00 pm. No appointment necessary.</li> <li>➤ <b>Westminster Satellite hosted by South London - Serves postal codes N6C, N6E, N6N, N5Z</b> 650 Osgoode Drive. Appointment required. Call (519) 280-3328, First Wednesday of the month <u>ONLY</u>, from 1:30 - 3:30 pm.</li> <li>➤ <b>Southcrest Satellite hosted by South London – Serves postal code N6J</b> Mount Zion United Church @ 471 Ridgewood Cres. Appointment required. Call (519) 280-3328. First Wednesday of the month <u>ONLY</u>, from 1:30- 3:00 pm.</li> </ul>

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<p><b>Youth Action Centre - Youth 16 to 24 Years Old Only Program</b> 332 Richmond St @ York St</p>	<p>➤ <b>St. George's Anglican Church - N6A, N6C, N6H, N6J</b> 227 Wharncliffe Rd, appointments preferred, call (519) 438-2994 3rd Friday of the month <u>ONLY</u> 11:30am-1:30 pm.</p> <p><b>LUSO Community Service's Emergency Food Cupboard - N5Y, N5V, N5X &amp; N5W</b> 1100 Victoria Dr, Tuesday/Thursday 8:30-12pm &amp; Wednesday 1:30pm. Clients can drop-in once a month and must bring IDs for every household member and proof of income.</p> <p><b>St. Paul's Social Services (a.k.a. Paul's Place) Food Bank and Fellowship Centre</b> 472 Richmond St. Food bank: Monday to Friday 9-11:30 am, except holidays.</p> <p><b>Society of St Vincent de Paul - Food Vouchers</b> Contact any Catholic Church to arrange a home visit to discuss your needs. A food voucher may be issued.</p> <p><b>Springbank Catholic Family of Parishes</b> St. John the Divine Parish: @ 390 Baseline Road West. Hot meal, dine-in every Tuesday 5:00-6:30pm</p> <p><b>Western University Community Centre – Food Support Services</b> Western University students and staff only; hygiene products, diapers, non-perishable food. Confidential through: <a href="https://westernusc.ca/services/food-support-services">https://westernusc.ca/services/food-support-services</a>, or email <a href="mailto:foodsupport@westernusc.ca">foodsupport@westernusc.ca</a>.</p> <p><b>Western University - PSAC Local 610 Food Bank</b> For unit 1 and 2 members of PSAC Local 610 <u>ONLY</u>. Grocery store vouchers. Apply at <a href="http://www.psac610.ca/benefits-1">www.psac610.ca/benefits-1</a>.</p>
<p><b>Supporting Organizations Coordinating Meal Programs:</b></p> <p>St. Aidan's Anglican/Riverside, Kirkton, Woodham, Thames Road-Elmville United, Colbourne Street United Church, St. Michael's Roman Catholic Church, Grace Anglican Church (Ilderton), St. George's Church (Middlesex Centre), Siloam United, Valleyview Mennonite.</p> <p>*The meals provided at St. Michael's Catholic are a collaborative activity of Northern Hospitality which includes Colborne United, New St. James Presbyterian and St. Michael's Catholic.</p>	<p><b>Project of the Hunger Relief Action Coalition</b></p>