

October 2025 Meal Calendar (edited September 17th 2025) Project of the Hunger Relief Action Coalition <http://meals.informationlondon.ca>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			12:00-1:00pm, Rowntree Memorial United (Dine-in)	11:30am -12:30pm, Paul's Place (formally St. Paul's Social Services) (Dine-in)	11:30am -12:30pm, Paul's Place (formally St. Paul's Social Services) (Dine-in)	9:00-10:30am, St. Jude's (Takeout/Dine-in) 12:30-1:00pm, Hyatt Mosque (Curbside pick-up) 4:00-5:30pm, St. John the Evangelist Church (Takeout/Dine-in)
5	6	7	8	9	10	11
	5:00-5:30pm, The Salvation Army-Westminster Park Community Church (Dine-In/Takeout & ID Required) 5:30-6:30pm, St. Michael's (Dine-in)	7:30-9:00am, Church of Ascension (Bagged lunch) 11:30am-12:30pm, St. John the Evangelist Church (Dine-in) 5:00-6:30pm, St. John the Divine Church Hall (390 Baseline Rd W), 5:00-6:00pm (Dine-in hot meal) 6:00-6:30pm (hospitality) 5:30-6:30pm, Rowntree Memorial United (Take-out)	12:00-1:00pm, Rowntree Memorial United (Dine-in)	11:30am -12:30pm, Paul's Place (formally St. Paul's Social Services) (Dine-in)	11:30am -12:30pm, Paul's Place (formally St. Paul's Social Services) (Dine-in) 5:00-6:00pm, St. George's Anglican (Dine-in)	12:30-1:00pm, Hyatt Mosque (Curbside pick-up) 4:00-5:30pm, St. John the Evangelist Church (Takeout/Dine-in)
12	13	14	15	16	17	18
	Thanksgiving	11:30am-12:30pm, St. John the Evangelist Church (Dine-in) 5:00-6:30pm, St. John the Divine Church Hall (390 Baseline Rd W), 5:00-6:00pm (Dine-in hot meal) 6:00-6:30pm (hospitality) 5:30-6:30pm, Rowntree Memorial United (Take-out)	12:00-1:00pm, Rowntree Memorial United (Dine-in)	11:30am -12:30pm, Paul's Place (formally St. Paul's Social Services) (Dine-in)	11:30am -12:30pm, Paul's Place (formally St. Paul's Social Services) (Dine-in)	9:00-10:30am, St. Jude's (Takeout/Dine-in) 9:00-10:30am, Calvary United (Dine-in) 12:30-1:00pm, Hyatt Mosque (Curbside pick-up) 4:00-5:30pm, St. John the Evangelist Church (Takeout/Dine-in)
19	20	21	22	23	24	25
	5:00-5:30pm, The Salvation Army-Westminster Park Community Church (Dine-In/Takeout & ID Required) 5:30-6:30pm, St. Michael's (Dine-in)	8:00-10:00am, Church of Ascension (Dine-in) 11:30am-12:30pm, St. John the Evangelist Church (Dine-in) 5:00-6:30pm, St. John the Divine Church Hall (390 Baseline Rd W), 5:00-6:00pm (Dine-in hot meal) 6:00-6:30pm (hospitality) 5:30-6:30pm, Rowntree Memorial United (Dine-in)	12:00-1:00pm, Rowntree Memorial United (Dine-in)	11:30am -12:30pm, Paul's Place (formally St. Paul's Social Services) (Dine-in)	11:30am -12:30pm, Paul's Place (formally St. Paul's Social Services) (Dine-in) 5:00-6:00pm, St. George's Anglican (Dine-in)	9:00-10:30am, St. Francis St. Martin (Dine-in) 9:00-10:30am, St. Andrew Memorial (Dine-in) 12:30-1:00pm, Hyatt Mosque (Curbside pick-up) 4:00-5:30pm, St. John the Evangelist Church (Takeout/Dine-in)
26	27	28	29	30	31	
	5:00-5:30pm, The Salvation Army-Westminster Park Community Church (Dine-In/Takeout & ID Required) 5:30-6:30pm, St. Michael's (Dine-in)	11:30am-12:30pm, St. John the Evangelist Church (Dine-in) 5:00-6:30pm, St. John the Divine Church Hall (390 Baseline Rd W), 5:00-6:00pm (Dine-in hot meal) 6:00-6:30pm (hospitality) 5:30-6:30pm, Rowntree Memorial United (Dine-in)	12:00-1:00pm, Rowntree Memorial United (Dine-in)	11:30am -12:30pm, Paul's Place (formally St. Paul's Social Services) (Dine-in)	11:30am -12:30pm, Paul's Place (formally St. Paul's Social Services) (Dine-in)	
	London Coffee House 371 Hamilton Rd Daily: 9:30am-12:30pm Offering light meals and snacks	My Sister's Place 566 Dundas St Mon-Fri: 11:30am-12:30pm (lunch) 5:00-6:00pm, snacks, harm reduction & basic needs. Sat-Sun: 11:00am-1:00pm (snacks)	Ark Aid Street Mission 696 Dundas St Hours of Operation Mon-Fri: 1:00pm-8:00pm Sat & Sun 9:00am-8:00pm Meals 9:30am-12:30pm, (coffee, water & a light snack) 1:30-3:30pm (lunch) 5:30-6:30pm (dinner)	St. Joseph Hospitality Centre, St Joes Café 602 Queens St 9:30-11am (breakfast) 12-1:30pm (lunch) Saturday and Holiday open 11am-12:45pm for complimentary soup and sandwiches	Youth Action Centre (ages 16-24) Richmond St @ York St Mon-Fri: 10:00am-4:00pm (lunch) until we run out, 4:00pm (dinner)	The Salvation Army Food Truck – Operation Mobilizing Hope Wed: 5:30pm @ My Sister's Place (566 Dundas St) Wed: 6:10pm @London Coffee House (371 Hamilton Rd) Wed: 6:40pm @Watson Park (off Wellington Rd)

Meal Programs and Food Bank Locations

Meal Programs	Food Bank Locations
Ark Aid Street Mission 696 Dundas St Calvary United Church 290 Ridout St South @ Garfield Ave Church of the Ascension 2060 Dundas St (between Speight and Carlyle) Dundas Street Centre United Church 482 Dundas St @ Maitland St First Baptist Church 568 Richmond St @ Albert St Good News Church 476 Clarke Rd Hyatt Mosque - Muslim Soup Kitchen 282 Hamilton Rd @ Little Hill St London Coffee House 371 Hamilton Rd My Sister's Place - Women's Only Program 566 Dundas St (between William & Adelaide) Rowntree Memorial United Church 156 Elliot St @ Cheapside St Springbank Catholic Family of Parishes St. John the Divine Parish @ 390 Baseline Rd West St. Andrew Memorial Church 55 Foxbar Rd @ Wellington Rd St. Francis – St. Martin Catholic Parish 46 Cathcart St @ Duchess Ave St. George's Anglican Church 227 Wharncliffe Rd North @ St. Patrick St St. James Westminster Church 115 Askin St @ Wortley Rd St. Joseph's Hospitality Centre 602 Queens Ave (St Joe's Café) St. John the Evangelist Anglican Church 280 St. James St @ Wellington St St. Luke's Anglican Church 1204 Richmond St North @ Bernard Ave St. Michael's Catholic Parish 511 Cheapside St @ Maitland St	Chalmers Presbyterian Church 342 Pond Mills Rd @ Commissioners Rd. E; Wed from 12-1pm, area residents once per month, Appointment required, call Tues by 2pm (519) 681-7242 or email office@chalmerslondon.com Crouch Neighbourhood Resource Centre (Community Food Cupboard) - N5W 0,1,2,3 & 6; N5Y 3; N5Z 1 & 2; N6A 3 & 5; N6B 1 & 2 550 Hamilton Rd; Tues-Thurs 9am-5pm & Fri 10am-5pm; food, hygiene and baby items ELUCO (Gethsemane Gardens) 1461 Huron St @ Sandford St; Wed-Fri 9:30am-12pm; Appointment required (519) 451-0600; area residents only Families First CAPC White Oaks (South London Community Centre) 1119 Jalna Blvd; Mon-Fri 10am-3pm Families First CAPC Baby Food and Diaper Cupboard (Available for infants and their families) Family Centre Westminster @ 690 Osgoode Dr; Mon-Fri from 9am-4pm, (519) 649-1248 Glen Cairn Community Resource Centre (Emergency Food Kits) 244 Adelaide St S; Mon, Tues & Thurs 9:30am-2:30pm & Wed 9am-12pm, Must show proper ID (Driver's License, Health card or ODSP/OW paperwork) for all living in the home. Bread provided by Holy Trinity St. Stephen's Memorial Anglican Church; (519) 668-2745 or email jwalsmsley@gccrc.ca Halal Food Bank Canada *NEW LOCATION 1299 Oxford Street East, Unit 80-E (inside the mall near Food Basics), Open Sunday - Wednesday 11:00 am - 2:00 pm, Once a month visit by appointment. info@halalfoodbank.ca, (519) 933-9877 Register at: https://forms.gle/hV5A2hFfAiNv1is16 London Food Bank and Mobile Units *ONE VISIT PER MONTH: PLEASE NOTE THAT A VISIT TO ANY OF THE LOCATIONS BELOW IS YOUR FOOD BANK VISIT FOR THE MONTH* ➤ London and Area Food Bank- All 926 Leathorne St., no appointments required (519) 659-4045 Mon-Fri 9am- 4pm ➤ LUSO Community Services - N5V, N5W, N5X & N5Y Appointment required: call/text (519) 520-7638 to register by 12pm the day before or email mikyla@lusocentre.org, Wed & Fri 10am-12pm, Locations vary, please call LUSO ➤ Northwest London Resource Centre - N6G & N6H 1225 Wonderland Rd North, Unit 27A (at back of Sherwood Forest Mall, close to Goodwill Donation Centre), Appointments preferred, call Rachael (519) 471-8444 Ext 0, Mon- Sat 11am-4pm

Meal Programs and Food Bank Locations

Meal Programs	Food Bank Locations
St. Paul's Anglican Cathedral (Paul's Place formally SPSS) 472 Richmond St @ Queens Ave The Church of St. Jude 1537 Adelaide St North @ Fanshawe Park Rd E The Salvation Army Westminster Park Community Church 1190 Southdale Road East @ Millbank Dr Youth Action Centre 332 Richmond St @ York St	➤ Fiddlers Green Satellite hosted by Northwest LRC - N6H Oakridge Presbyterian Church @ 970 Oxford St. W, Appointment required, (519) 471-8444 ext. 0, Third Thurs of the month ONLY 1-3 pm ➤ Crouch Neighbourhood Resource Centre - N6B, N5W, N5Z Egerton Baptist Church @ 209 Egerton St., (519) 642-7630 email info@crouchnrc.org, Fridays 1:30-3:30 pm, No appointment necessary ➤ South London Neighbourhood Resource Centre - N6C, N6E, N6H, N6J 1119 Jalna Blvd (Jalna, south of Bradley inside the Jalna Branch Library), (519) 686-8600; Mon-Fri 10am- 3pm, No appointment necessary ➤ Westminster Satellite hosted by South London NRC 650 Osgoode Drive, Appointment required, call (519) 280-3328, First Wed of the month ONLY 1:30- 3:30pm ➤ Southcrest Satellite hosted by South London NRC - N6J Mount Zion United Church @ 471 Ridgewood Cres, Appointment required, call (519) 280-3328, 2nd Wed of the month ONLY from 1:30- 3:30 pm ➤ St. George's Anglican Church - N6A, N6C, N6H, N6J 227 Wharnccliffe Rd, appointments preferred, call (519) 438-2994, 3rd Fri of the month ONLY 11:30am-1:30 pm LUSO Community Service's Emergency Food Cupboard - N5Y, N5V, N5X & N5W 4,5 1100 Victoria Dr, Tues/Thurs 8:30-12pm & Wed 1:30pm. Clients can drop-in 1x/month & must bring IDs for every household member & proof of income. Paul's Place (formally known as St. Paul's Social Services) Food Bank and Fellowship Centre 472 Richmond St; Food bank: Mon to Fri 9-11:30 am except holidays. Society of St Vincent de Paul - Food Vouchers Contact any Catholic Church to arrange a home visit to discuss your needs. A food voucher may be issued. Springbank Catholic Family of Parishes St. John the Divine Parish @ 390 Baseline Road W; Hot meal, dine-in every Thurs 5-7pm, St. John the Divine Parish; Mobile Food Depot, Wed 1:30-3:30pm, Appointment required please call (519) 280-3328 Western University Community Centre – Food Support Services Western University students and staff only; hygiene products, diapers, non-perishable food; confidential through https://westernusc.ca/services/food-support-services or email foodsupport@westernusc.ca Western University - PSAC Local 610 Food Bank For unit 1 and 2 members of PSAC Local 610 only Grocery store vouchers, Apply at www.psac610.ca/benefits-1
Supporting Organizations Coordinating Meal Programs: St. Aidan's Anglican/Riverside, Kirkton, Woodham, Thames Road-Elmville United, Colbourne Street United Church, St. Michael's Roman Catholic Church, Grace Anglican Church (Ilderton), St. George's Church (Middlesex Centre), Siloam United, Valleyview Mennonite. *The meals provided at St. Michael's Catholic are a collaborative activity of Northern Hospitality which includes Colborne United, New St. James Presbyterian, St. Michael's Catholic, *	Project of the Hunger Relief Action Coalition