## August 2024 Meal Calendar (edited July 11th, 2024)

## Project of the Hunger Relief Action Coalition <a href="http://meals.informationlondon.ca">http://meals.informationlondon.ca</a>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4	5	6	7	1 11:30am -12:30pm, St. Paul's Social Services (Dine-in) 5:00-7:00pm Springbank Catholic 5:00-6:00pm hot meal 6:00-7:00pm hospitality 8	11:30am -12:30pm, St. Paul's Social Services (Dine-in)	9:00-10:30am, <b>St. Jude's</b> (Takeout/Dine-in) 1:00-2:00pm, <b>Hyatt Mosque</b> (Curbside pick-up) 4:00-5:30pm, <b>St. John</b> (Takeout)
5:30-6:30pm, <b>Trinity United</b> (Dine-In)		7:30-9:00am, Church of Ascension (Bagged lunch) 11:30am-12:30pm, St. John Evangelist Church (Dine-in) 5:30-6:30pm, Rowntree Memorial United (Takeout)	10:00am-12:00pm, Elmwood Presbyterian Church (Drop-in)	11:30am -12:30pm, St. Paul's Social Services (Dine-in) 5:00-7:00pm Springbank Catholic 5:00-6:00pm hot meal 6:00-7:00pm hospitality	11:30am -12:30pm, St. Paul's Social Services (Dine-in) 5:00-6:00pm St. George's Anglican (Dine-in)	1:00-2:00pm, <b>Hyatt Mosque</b> (Curbside pick-up) 4:00-5:30pm, <b>St. John</b> (Takeout)
11	12	11:30am-12:30pm, St. John Evangelist Church (Dine-in) 5:30-6:30pm, Rowntree Memorial United (Takeout)	10:00am-12:00pm, Elmwood Presbyterian Church (Drop-in)	15 11:30am -12:30pm St. Paul's Social Services - Dine-in only 5:00-7:00pm Springbank Catholic 5:00-6:00pm hot meal 6:00-7:00pm hospitality	16 11:30am -12:30pm, St. Paul's Social Services (Dine-in)	9:00-10:30am, St. Jude's (Takeout/Dine-in) 9:00-10:30am Calvary United (Takeout/Dine-in) 1:00-2:00pm, Hyatt Mosque (Curbside pick-up) 4:00-5:30pm, St. John (Takeout)
18	19	20	21	22	23	24
	5:00-5:30pm The Salvation Army- Westminster Park Community Church BBQ Picnic (Dine-in or take out)	8:00-10:00am, Church of Ascension (Dine-in) 11:30am-12:30pm, St. John Evangelist Church (Dine-in) 5:30-6:30pm, Rowntree Memorial United (Takeout)	10:00am-12:00pm, Elmwood Presbyterian Church (Drop-in)	11:30am -12:30pm St. Paul's Social Services - Dine-in only 5:00-7:00pm Springbank Catholic 5:00-6:00pm hot meal 6:00-7:00pm hospitality	11:30am -12:30pm, St. Paul's Social Services (Dine-in) 5:00-6:00pm St. George's Anglican (Dine-in)	9:00-10:30am St. Francis St. Martin (Dine-in) 1:00-2:00pm, Hyatt Mosque (Curbside pick-up) 4:00-5:30pm, St. John (Takeout)
25	26	27	28	29	30	31
		11:30am-12:30pm, St. John Evangelist Church (Dine-in) 5:30-6:30pm, Rowntree Memorial United (Takeout)	10:00am-12:00pm, Elmwood Presbyterian Church (Drop-in)	11:30am -12:30pm St. Paul's Social Services - Dine-in only 5:00-7:00pm Springbank Catholic 5:00-6:00pm hot meal 6:00-7:00pm hospitality	11:30am -12:30pm, St. Paul's Social Services (Dine-in)	9:00-10:30am, <b>St. Jude's</b> (Takeout/Dine-in) 9:00-10:30am, <b>St. Andrew Memorial</b> (Dine-in) 1:00-2:00pm, <b>Hyatt Mosque</b> (Curbside pick-up) 4:00-5:30pm, <b>St. John</b> (Takeout)
	Daily			Monday to Friday		Wednesdays
	London Coffee House 371 Hamilton Rd Daily 9:30am-12:30pm offering light meals and snacks	My Sister's Place 566 Dundas St Monday-Friday 11:30am- 12:30pm Lunch, 5:00-6:00pm Snacks, harm reduction & basic needs; Saturday-Sunday 11:00am-1:00pm Snacks	Ark Aid Street Mission 696 Dundas St Open daily 9:00am- 8:00pm 1:30-3:00pm, Coffee, water and light snack 5:30-6:30pm Dinner service	St Joseph's Hospitality Centre St. Joe's Café 602 Queens St Monday-Friday 9:30-11:00am breakfast 12:00-1:30pm lunch	Youth Action Centre Ages 16-24; 332 Richmond St. @ York St. Monday-Friday: lunch 10:00am-4:00pm until we run out), dinner 4pm	The Salvation Army Food Truck – Operation Mobilizing Hope  Wednesdays 5:45-6:15pm @ My Sister's Place (566 Dundas St)  Wednesdays 6:25-6:55pm @ Innovation Works (201 King St)

## **Meal Programs and Food Bank Locations**

Meal Programs

Aid Street Mission 696 Dundas St

Calvary United Church

290 Ridout St South @ Garfield Ave

Church of the Ascension

2060 Dundas St (between Speight and Carlyle)

**Dundas Street Centre United Church** 

482 Dundas St @ Maitland St

**Elmwood Presbyterian Church** 

111 Elmwood Ave East @ Cathcart St (West door)

First Baptist Church

568 Richmond St @ Albert St

**Good News Church** 

476 Clarke Rd

Hyatt Mosque - Muslim Soup Kitchen

282 Hamilton Rd @ Little Hill St

London Youth for Christ - Streetlight Bus

568 Richmond St @ First Baptist Church

**London Coffee House** 

371 Hamilton Rd

My Sister's Place - Women's Only Program

566 Dundas St (between William & Adelaide)

**Rowntree Memorial United Church** 

156 Elliot St @ Cheapside St

Springbank Catholic Family of Parishes

St. John the Divine Parish @ 390 Baseline Rd West

St. Andrew Memorial Church

55 Foxbar Rd @ Wellington Rd

St. Francis - St. Martin Catholic Parish

46 Cathcart St @ Duchess Ave

St. George's Anglican Church

227 Wharncliffe Rd North @ St. Patrick St

St. James Westminster Church

115 Askin St @ Wortley Rd

St. Joseph's Hospitality Centre

602 Queens Ave (St Joe's Café)

St. John the Evangelist Anglican Church

280 St. James St @ Wellington St

St. Luke's Anglican Church

1204 Richmond St North @ Bernard Ave

St. Michael's Catholic Parish

511 Cheapside St @ Maitland St

St. Paul's Anglican Cathedral (Social Services Fellowship Centre)

472 Richmond St @ Queens Ave

The Church of St. Jude

1537 Adelaide St North @ Fanshawe Park Rd East

**Trinity United Church** 

76 Doulton St @ Hale St

Youth Action Centre

332 Richmond St @ York St

Supporting Organizations Coordinating Meal Programs:

St. Aidan's Anglican/Riverside, Kirkton, Woodham, Thames Road-Elmville United, Colbourne Street United Church, Trinity Lutheran Church\*, St. Michael's Roman Catholic Church, Grace Anglican Church (Ilderton), St. George's Church (Middlesex Centre), Siloam United, Valleyview Mennonite.

\*The meals provided at St. Michael's Catholic are a collaborative activity of Northern Hospitality which includes Colborne United, New St. James Presbyterian, St. Michael's Catholic, and Trinity Lutheran churches.

## Food Bank Locations

Chalmers Presbyterian Church

342 Pond Mills Rd. at Commissioners Rd. E; Wed: 12pm-1pm, area residents once per month Appointment required - call Tues by 2pm 519-681-7242 or email office@chalmerslondon.com

Crouch Neighbourhood Resource Centre (Community Food Cupboard)

550 Hamilton Road; Tues-Thurs 9am-5pm, Fri 10am-5pm; food, hygiene and baby items Postal codes: N5W 0,1,2,3 and 6; N5Y 3; N5Z 1 and 2; N6A 3 and 5; and N6B 1 and 2.

ELUCO (Gethsemane Gardens)

1461 Huron St @ Sandford St; Wed, Fri: 9:30am-12pm; appointment required - 519-451-0600; area residents only

Families First CAPC White Oaks (South London Community Centre)

1119 Jalna Blvd; Mon - Fri: 10am-3pm

Families First CAPC Westminster (Family Centre Westminster)

690 Osgood Drive; Mon - Fri: 9am-12pm - Call first: 519-649-1248

Glen Cairn Community Resource Centre (Emergency Food Kits)

244 Adelaide St S (between Thompson and Commissioners); Mon, Tues, Thurs 9:30am-2:30pm. Wed 9am to 12:00pm Must show proper ID (Driver's License, Health card or ODSP/OW paperwork for all living in the home. Bread provided by Holy Trinity St. Stephen's Memorial Anglican Church. Call 519-668-2745 or email <a href="mailto:jwalmsley@gccrc.ca">jwalmsley@gccrc.ca</a> for info.

London and Area Food Bank

926 Leathorne at Adelaide; Mon-Fri: 9am-4pm; 519-659-4045; you may not visit both the main and satellite locations

London Food Bank Satellite Locations (Permitted postal code areas only for each depot)

- Crouch Food Bank Depot - 209 Egerton St.; Fri 1:30-2:30pm

 NE Food Bank Depot - various locations in NE London (every Wed & Fri); must register for an appt - call LUSO 519-452-1466 or email community@lusocentre.org; N5V & N5Y & N5W

 NW Food Bank Depot - Northwest London Resource Centre, 1225 Wonderland Rd. N, 10-3:30pm (3rd Tues), N6G, N6H

- St. George's Anglican Church - 227 Whamcliffe Rd. N, 11:30am-1:30pm (3rd Fri), N6A, N6C, N6H, N6J

**LUSO Community Services (Resource Portable)** 

1100 Victoria Drive; Tues & Thurs 8:30am-12pm, Wed 1:30-4:30; Families/individuals in N5Y, N5V or N5X postal codes \*Must bring valid ID for all household members and proof of income. One visit per month.

Northwest London Resource Centre Emergency Food Cupboard

27A - 1225 Wonderland Rd. N; Mon-Fri 10am-3pm; residents of N6G and N6H; 519-471-8444; info@nwlrc.ca, nwlrc.ca

Society of St Vincent de Paul - Food Vouchers

Contact any Catholic Church to arrange a home visit to discuss your needs. A food voucher may be issued.

South London Neighbourhood Resource Centre (Neighbourhood Food Bank)

1119 Jalna Blvd, London, ON N6E 3B3; Mon-Fri 10am-3pm; Each household can access this service once a month. Must bring a valid piece of ID for everyone in the family.

Springbank Catholic Family of Parishes

St. John the Divine Parish; 390 Baseline Road West; Hot meal, dine-in every Thursday, 5pm-7pm

St. John the Divine Parish; Mobile Food Depot - Wed 1:30-3:30 at (appointment needed - 519-280-3328).

St. Paul's Social Services Food Bank and Fellowship Centre

472 Richmond St; Food bank: Mon to Fri 9-11:30 am (except holidays); baby food available

Dine in meals: Thurs 11:30 am - 12:30 pm (Fellowship Centre at St. Paul's - entry off Clarence St during construction)

The Salvation Army London Community and Family Services (Food Bank)

By appointment only (at least 1-2 weeks in advance). Online has fastest response. https://londoncfs.ca/programs-services/bnp/ Or call 519-660-5884 ext. 106. Please do not call individual locations.

Mon 9-1: Westminster Park 1190 Southdale Rd East

Tues 9-1: London Citadel 555 Springbank Drive

Thurs & Fr 9-1: Hillcrest Community Church 310 Vesta Road

Wed 9-1: Centre of Hope (N6B residents only; no appointment at this location only)

Closed the last Friday of every month and all major holidays.

Western University Community Centre - Food Support Services

\*CLOSED APRIL 23-SEPT \* Western University students and staff only; hygiene products, diapers, nonperishable food; confidential through <a href="https://westernusc.ca/services/food-support-services">https://westernusc.ca/services/food-support-services</a> or email foodsupport@westernusc.ca

Western University - PSAC Local 610 Food Bank

For unit 1 and 2 members of PSAC Local 610 only Grocery store vouchers. Apply at www.psac610.ca/benefits-1

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